

UNITED TRACK CLUB EVENT SIGN-UP FORM

ATHLETE NAME _____

RUNNING EVENTS

3000	8:30	<input type="checkbox"/>
Hurdles	9:00	<input type="checkbox"/>
4x100	9:30	<input type="checkbox"/>
1500	10:00	<input type="checkbox"/>
400	11:00	<input type="checkbox"/>
100	11:45	<input type="checkbox"/>
800	12:30	<input type="checkbox"/>
200	1:30	<input type="checkbox"/>
4x400	2:15	<input type="checkbox"/>

FIELD EVENTS

High Jump (BG,BB,MG,MB,YG,YB,IG,IB)	<input type="checkbox"/>
Shot Put (YG,YB,IG,IB,BG,BB,MG,MB)	<input type="checkbox"/>
Long Jump (GG,GB,MG,MB,IG,IB,YG,YB,BG,BB)	<input type="checkbox"/>

NUMBER OF EVENTS

Gremlins: Maximum of three events

All Other Groups: Maximum of four events with one of those events being a relay (intermediates do not have to do a relay as one of their four events).

EVENT TIMES

The times listed above for running events are rough estimates. Some meets move rather quickly and some a bit deliberately. It's impossible to state a definitive time schedule.

RELAYS

If your child signs up for the 4x100 relay please arrive by 8:45. When athletes don't show up or show up late it makes it very difficult to organize the teams and get them prepared. If we don't have enough kids to fill a relay team we will attempt to recruit someone to fill the team, however, there may be instances when your child signs up to run a relay but doesn't get to run.

EVENT PRIORITY

Running events take precedence over field events. Athletes should check out of their field event on the second call for their running event and return to their field event within 5 minutes of finishing their running event.

RESULTS

Our Website (unitedtrack.org) has a link to the results from the track meets.