

United Track Mandatory Parent Volunteer Sign-Up Form (one per family only)

United Track is an all-volunteer organization, managed by a year-round board of directors. To share the workload, parent participation is required. The success and quality of the athletes' experience depends heavily on parental participation. We only require that parents volunteer to help out during one home meet for about 90 minutes.

PARENT NAME _____
CHILD NAME/DOB _____
PHONE _____
E-MAIL _____

Please indicate Track Meet volunteer activities that interest you the most.

RELAY ZONE JUDGE _____
FINISH LINE/TAG PULLER _____
ANNOUNCING _____
ATHLETE TAG DISTRIBUTION _____
ATHLETE STAGING _____
FIELD EVENT DUTY (Long Jump, High Jump or Shot Put) _____
MEET SET-UP (6:30-8:00 AM Saturdays) _____
MEET TEAR-DOWN/CLEAN-UP (1:30-3:00 PM Saturdays) _____

In addition to working the track meet, getting more involved with the club and helping out at practices is a very rewarding experience. We encourage parents to participate as their schedule allows. If you are interested, please indicate by checking below.

ASSISTANT COACH (Sprints, Distance or Hurdles) _____
FIELD EVENT ASSISTANT COACH (SP, LJ or HJ) _____
HEAD VOLUNTEER COORDINATOR _____
AGE GROUP VOLUNTEER COORDINATOR _____
UNIFORM DISTRIBUTION _____
PICTURE DAY HELP _____
END OF SEASON PICNIC (TROPHIES, FOOD, YEARBOOK, etc.) _____
POST MEET RIBBON DISTRIBUTION _____
HOME MEET TIMING BOOTH DATA INPUT _____

Please see "Volunteer" page of our website for more complete descriptions of positions.